

Looking for a fun, new way to become active?
We've got the program for you!



BINGOsize is a 10-week
health promotion
program that combines
the game of bingo with
fall prevention exercises.

Join the fun!

- Every Monday & Friday in February, March, & April

- 10:00 AM

- Bell Co. Courthouse
3rd Floor Meeting
Room

Meet new members of
the community while
enjoying the classic
game, and learning
about techniques to
reduce falls

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.