



Agriculture and Natural Resources

Looking for something different for dinner? Still have some ground venison from last years hunt and fresh cabbages from the garden? Why not try something new?



Venison Cabbage Rolls

- 12 large cabbage leaves
- 1 1/2 pounds ground venison (may substitute elk or beef)
- 1/4 cup grated onion
- 4 tablespoons butter
- 2 tablespoons Italian seasoning
- 1 1/2 cups cooked rice
- 1/8 teaspoon peppe
- 2 cans (15 ounces each) low sodium tomato sauce
- Toothpicks



Place cabbage leaves in boiling water until tender, drain, and dry. Brown venison and onion in butter. Mix in the Italian seasoning, rice, salt, and pepper. Spoon about 2 tablespoons of meat mixture in center of a leaf, and fold the leaf over. tucking in the ends and securing with a toothpick. Repeat for all cabbage leaves. Place filled cabbage leaves in a 9-by-13-inch casserole dish, and pour tomato sauce on top. Cover with a lid or aluminum foil, and bake 325 degrees F for 45 minutes

Yield: 6 servings

Adapted from "Fish & Game Cookbook," Bonnie Scott. 2013

Container Gardening

Turning small spaces into great gardens!

Grow anywhere! Perfect for apartments, balconies, and small spaces!	Almost any vegetable will grow this way, yet leafy greens, herbs, bush beans, peppers, and cherry tomatoes shine.
Container material is less crucial	Fill containers with a soilless
than drainage, volume, and	mix, include slow-release
weight. Use pots with drainage	fertilizer, and support tall or
holes and elevate them slightly.	vining plants during planting.

